

LOCATIONS: 9114 - 51 Avenue NW | 3434 - 99 STREET NW | 10646 - 170 STREET NW | 12028 - 149 STREET NW

## BREAKFAST BEGINNINGS

### Bakers Breakfast Platter

An assortment of mini cinnamon buns, muffins & scones  
Per person, minimum of 6.....\$3.45

### Continental Breakfast Platter

Mini cinnamon buns, muffins, scones and fresh fruit  
Per person, minimum of 10.....\$5.45

### Fruit Platter

A selection of fruit. In season  
Per person, minimum of 8.....\$4.40

### Muffins

Each/6 pack.....\$1.55/\$8.99

### Classic Cinnamon Buns

Each/12 pack.....\$2.95/\$17.49

### Dekeled Eggs

Herb-garnished mini ham and cheddar quiche.  
Each / 6 pack.....\$1.75/\$9.99

## STARTERS AND SIDES

### Veggies 'n' Dip Platter

Freshly cut veggies with a creamy dip.  
Per person, minimum of 8.....\$3.35

### Cheese 'n' Veggies

Fresh vegetables with dip, and an assortment of cheeses.  
Per person, minimum of 8.....\$4.45

### Heartwarming Soup

Steaming bowl of soup.....reg \$3.45 lrg 4.30

### Leafy Tossed Salad

Individual / serving bowl, serves 12.....\$3.45/45.00

### Creamy Caesar Salad

Individual / serving bowl, serves 12.....\$3.90/55.00

### Daily Featured Salad

Individual side / serving bowl, serves 12 ..... \$3.45/45.00

### Fresh Fruit Salad

Individual side/serving bowl, serves 12.....\$3.75/47.00

### Marinated Vegetable Salad

Individual side / serving bowl, serves 12.....\$3.75/47.00

### Garden of Eden Salad

Choice of meat, cheese and dressing ..... \$9.50

## BEVERAGES

Soft drinks, 355ml cans.....\$2.25

Juice, 300ml bottles.....\$2.25

Bottled water.....\$2.25

'Milk to Go' white or chocolate, 500ml.....\$3.25

Tea (8oz).....\$2.50

Coffee (8oz).....\$2.50

Coffee, includes cream and sugar (serves 8).....\$20.00

Insulated carafe (serves 40).....\$80.00

Insulated carafe (serves 80).....\$120.00

## MAIN CHOICES

### Sandwich Platter

An assortment of quartered sandwiches on thick sliced white and whole wheat, sliced dill pickles on the side.  
Per person, minimum of 5 (all meat, add \$0.45).....\$6.79

### Fifendekel Sunflower Bread Sandwich Platter

A variety of sandwiches on in-house baked sunflower bread. Serves 4-5.....\$36.00

### Moral Fibre Deluxe Sandwich Platter

A variety of sandwiches with specialty breads and fillings.  
Serves 7.....\$55.00

### Moral Fibre Combo

A sandwich variety with a twist - fruit salad and soup.  
Serves 7.....\$100.50

### Wrap 'n' Roll Platter

Full Flavoured Wraps, variety tray of four types.  
Serves 6 / Serves 9 ..... \$53.75/\$80.00

### Wrap 'n' Roll Combo

Wrap, salad, and cookie with pop, juice or bottled water.  
Per person. Minimum of 6.....\$16.40

### The Entertainer Platter

An assortment of cold cuts buns cheese, tomatoes, lettuce, mayo and mustard to create your own bunwich, garnished with sliced dills. Serves 12.....\$125.00

### Lunch is in the Bag

Bag lunch for groups on the go. Includes a sandwich, marinated vegetable salad and a cookie.  
Per person, min. of 5.....\$11.00 / with beverage.....\$13.00

### Lunch 'n' Bunch Combo

An assorted sandwich platter made with fresh white and whole wheat bread. Choice of veggies 'n' dip platter, side salad or hearty soup. Dessert selection platter featuring one butter tart and dessert square per person. Pop, juice or bottled water incl.  
Per person, minimum of 8.....\$15.30

### Chili with Side Salad and Bun

Per person, minimum of 12 .....\$11.75

### Stew with Side Salad and Biscuit

Per person, minimum of 12 .....\$11.75

### Beef Dip

Ajus, includes side salad.  
Per person, minimum of 12.....\$11.75

### Open Faced Buns

An assortment of buns piled high with salad sandwich fillings. Serves 12 .....\$50.00



Orders must be placed by 1:00 p.m. and meet order minimums for delivery the next business day. For same-day pickup, order from a limited menu of fresh sandwiches, tarts, soups and drinks. Place your order by telephone before 10:00 am to have it ready in time to pick up and serve for lunch. *Fifendekel does not charge gratuity. We accept Visa, Mastercard, and American Express; debit cards and gift cards. Corporate accounts are available for qualifying customers. Some items require more notice. Prices are subject to change without notice.*

\*\$1 5.00 charge will be added to all deliveries. \*\*GST Extra

# the story... the Fifendekel story is one of commitment and dedication.

Fifendekel opened its doors February 1983. Ann baked the pies and cinnamon buns and Gordon served the customers. Our first day in 1983, Mom made three pies, a far cry from the hundreds we now bake every week, but we still peel the apples and roll the dough the same way she did those many years ago. Join us for lunch or have us cater your next luncheon.

*fast. friendly. flavourful.*

September 2019